

**Jerry L. Deffenbacher, Ph.D.**  
**Diplomate in Counseling Psychology**  
**(American Board of Professional Psychology)**  
**Licensed Psychologist (Colorado #503)**  
**Professor Laureate**  
**Department of Psychology**  
**Colorado State University**  
**Fort Collins, Colorado 80523-1876**  
**970-491-6871 (work)**  
**970-221-0347 (home)**  
**Jerry.Deffenbacher@colostate.edu**

### **Education:**

B.S. in Psychology, University of Washington (1967)  
Graduate Study in Psychology, Western Washington State College (1969)  
M.A. in Counseling Psychology, University of Oregon (1971)  
Ph.D. in Counseling Psychology, University of Oregon (1975)

### **Professional Experience:**

*Assistant Professor* (1976-1978), *Associate Professor* (1978-1984), *Professor* (1984-present) and *Director of Training* (1984-1989), Department of Psychology, Colorado State University, Fort Collins, Colorado: Teaching graduate courses in behavior therapy, cognitive therapy, career counseling, and counseling theories; teaching undergraduate courses in introductory psychology, abnormal psychology, human sexuality, stress management, and basic helping skills; supervision of graduate practica and research; and service on departmental and university committees.

*Senior Psychologist* (1977-1980) University Counseling Center, Colorado State University, Fort Collins, Colorado: Individual and group therapy, consultation to behavior therapy services, and clinical supervision.

*Private Practice* (1975-present) Part-time private practice including individual psychotherapy (primarily outpatient adults and adolescents with anxiety, anger, depression and stress disorders), psychological assessment, and agency and industrial consultation.

*Consultant* (1981-1990) Adolph Coors Company, Golden, Colorado: Implementation and evaluation of stress management, anger reduction, and portions of cardiac rehabilitation programming.

*Assistant Professor* (1975-1976) Division of Psychological Foundations, Faculty of Education, University of Victoria, Victoria, British Columbia: Teaching graduate courses in behavioral and career counseling, teaching undergraduate classes in basic counseling skills, and supervision of graduate practica and research.

*Staff Psychologist* (1975-1976) Counselling Centre, University of Victoria, Victoria, British Columbia: Individual and group counseling.

*Psychological Resident* (1974-1975) Leona Tyler Center, Eugene, Oregon: Individual psychotherapy, career counseling, marital and family therapy, psychological assessment, and agency consultation.

*Clinical Psychology Intern* (1973-1974) Veterans Administration Hospital, Portland, Oregon: Psychological assessment and evaluation of children and adults, psychiatric admissions, individual and

group psychotherapy, career counseling, marital, family and child therapy, inpatient and outpatient psychological services, consultation for medical and psychiatric wards, agency consultation, and research.

*Counseling Psychology Intern* (1971-1973) University Counseling Center, University of Oregon, Eugene, Oregon: Evaluation and referral, individual and group psychotherapy, career counseling, development, implementation and evaluation of programs for test and speech anxious students.

*Graduate Teaching Fellow* (1971-1973) Department of Counseling, University of Oregon, Eugene, Oregon: Teaching graduate seminars on strategies for anxiety and fear reduction, teaching sections of the introductory practicum, and supervision of practica.

### **Honors and Awards:**

Phi Beta Kappa  
 Fellow, American Psychological Association  
 Fellow, American Association for Applied and Preventive Psychology  
 Diplomate in Counseling Psychology, American Board of Professional Psychology  
 Cermak Award for Advising, College of Natural Sciences, Colorado State University  
 2004 Hofstra University Research Award (For Distinguished Contributions to the Study and Management of Anger)  
 Professor Laureate, College of Natural Sciences, Colorado State University

### **Professional Membership:**

American Psychological Association (Fellow of Divisions 2, 12, 17, and 38, Member of Division 1)  
 Association for Behavioral and Cognitive Therapies  
 International Association of Applied Psychology  
 Phi Beta Kappa  
 Rocky Mountain Psychological Association

### **Professional Activities:**

**Editorial Boards:** *Journal of Counseling Psychology* (1981-Present), *Cognitive Therapy and Research* (1989-Present), *Journal of Cognitive Psychotherapy* (1991-Present), *Psicologia Conductual* (1991-Present), *Journal of Psychopathology and Behavioral Assessment* (2003-present) and *Behavioral Counseling Quarterly* (1979-1983)

**Invited Reviewer:** *Journal of Abnormal Psychology*, *Journal of Personality and Social Psychology*, *Journal of Consulting and Clinical Psychology*, *Journal of Educational Psychology*, *Journal of Counseling Psychology*, *Psychological Bulletin*, *Behavior Therapy*, *Behaviour Research and Therapy*, *Behavioural and Cognitive Psychotherapy*, *Cognitive Therapy and Research*, *Journal of Cognitive Psychotherapy*, *Journal of Behavioral Medicine*, *Emotion, Cognitive and Behavioral Practice*, *Journal of Behavior Therapy and Experimental Psychiatry*, *Journal of Clinical Psychology*, *Journal of Personality Assessment*, *Journal of Social and Clinical Psychology*, *Human Relations*, *The Counseling Psychology Quarterly*, *Journal of Research in Personality*, *Journal of Personality, Cognition and Emotion*, *Violence and Victims*, *Journal of Social and Clinical Psychology*, *Aggressive Behavior*, *Psychological Medicine*, *Personality and Social Psychology Bulletin*, *Assessment*, *Anxiety, Stress, and Coping: An International Journal*, *International Journal of Psychology*, *Journal of Occupational and Organizational Psychology*, *Alcoholism: Clinical and Experimental Research*, *Personality and Individual Differences*, *Psychological Assessment*, *Physiology and Behavior*, *Journal of Adolescence*, *Journal of Psychiatric Research*, *Clinical Neurology and Neurosurgery*, *Psychological Reports*, *American Journal of Psychiatry*, *Perceptual and Motor Skill*, *Clinical Psychology: Science and Practice*, *Journal of Applied Social Psychology*, *Journal of Applied Social Psychology*, *Trauma, Violence, and Abuse: A Review Journal*, *Psychiatry Research*,

*International Journal of Psychophysiology, Basic and Applied Social Psychology*

**Other:** Program Committee Member for Division 17 of American Psychological Association  
 Examiner for American Board of Professional Psychology  
 Assisted in construction of brochures on anger for American Psychological Association and for Association for the Advancement of Behavior Therapy  
 Site visitor for American Psychological Association  
 Site visitor for International Association of Counseling Service

**Publications:****Books, Manuals, and Edited Works**

- Deffenbacher, J. L., & McKay, M. (2000). *Overcoming situational anger and general anger: Client manual*. Oakland, California: New Harbinger Publications.
- Deffenbacher, J. L., & McKay, M. (2000). *Overcoming situational anger and general anger: Therapist protocol*. Oakland, California: New Harbinger Publications.
- Deffenbacher, J. L. (Ed.) (1988). Cognitive-behavioral treatments of anxiety. *The Counseling Psychologist*, 16, 3-95.
- Deffenbacher, J. L. (1984). *Guide for stress management for healthcare executives*. Chicago: American College of Hospital Administrators.
- Oetting, E. R., & Deffenbacher, J. L. (1980). *The Test Anxiety Profile (TAP) Manual*. Fort Collins, Colorado: Rocky Mountain Behavioral Sciences Institute.

**Book Chapters**

- Deffenbacher, J. L. (2008). Behavior therapy. In F. T. L. Leong (Ed.), *Encyclopedia of Counseling, Volume Two: Personal and emotional counseling* (pp. 28-34). Thousand Oaks, CA: Sage.
- Deffenbacher, J. L. (2006). Assessment of problematic anger: The example of driving anger. In V. E. Caballo (Ed.), *Manual para la evaluacion clinica de los trastornos psicologicos (Handbook of clinical assessment of psychological disorders)* (pp. 421-435). Madrid, Spain: Piramide.
- Deffenbacher, J. L. (2006). Evidence of effective treatment of anger-related disorders. In E. L. Feindler (Ed.), *Anger-related disorders: A practitioner's guide to comparative treatments* (pp. 43-69). New York: Springer.
- Beauvais, F., Oetting, E. R., Edwards, R. W., Swaim, R., Jumper-Thurman, P., Plested, B. A., & Deffenbacher, J. L. (2005). Inhalant use in the United States. In E. E. Zvartau (Ed.), *Inhalant* (pp. 224-246). Saint Petersburg, Russia: Pavlov Medical University Publishing House.
- Suinn, R. M., & Deffenbacher, J. L. (2005). Anxiety/anger Management Training (AMT). In A. Freeman, S. H. Felgoise, A. M. Nezu, C. M. Nezu, & M. Reinecke Nezu, C. Nezu (Eds.), *Encyclopedia of cognitive behavior therapy* (pp. 36-39). New York: Springer.
- Deffenbacher, J. L., Richards, T. L., & Lynch, R. S., (2004). Anger, aggression, and risky behavior in high anger drivers. In J. P. Morgan (Ed.), *Focus on aggression research* (pp. 115-156). Hauppauge, NY: Nova Science Publishers.
- Deffenbacher, J. L. (2003). Anger disorders. In E. F. Coccaro (Ed.), *Aggression psychiatric assessment and treatment* (pp. 89-111). New York: Marcel Dekker.
- Deffenbacher, J. L. (2003). Psychosocial interventions: Anger disorders. In E. F. Coccaro (Ed.), *Aggression psychiatric assessment and treatment* (pp. 293-312). New York: Marcel Dekker.
- Suinn, R. M., & Deffenbacher, J. L. (2002). Anxiety Management Training. In M. Hersen & W. Sledge (Eds), *Encyclopedia of psychotherapy*, Vol. 1, (pp. 61-69). New York: Elsevier Science.
- Dahlen, E. R., & Deffenbacher, J. L. (2001). Anger management. In W. J. Lyddon and J. V. Jones (Eds.), *Empirically supported cognitive therapies: Current status and future applications* (pp. 163-181). New York: Springer.

- Deffenbacher, J. L. (2000). Social skills training. In A. E. Kazdin (Ed.), *Encyclopedia of psychology*, Vol. 7, (pp. 370-373). Washington, D.C.: American Psychological Association/Oxford University Press.
- Deffenbacher, J. L. (2000). The Driving Anger Scale (DAS). In J. Maltby, C. A. Lewis, & A. Hill (Eds.), *Commissioned reviews of 250 psychological tests* (pp. 287-292). Lampeter, Wales, United Kingdom: Edwin Mellen Press.
- Deffenbacher, J. L. (1999). Driving anger: Some characteristics and interventions. *Proceedings of the 35th annual meeting: Prospective medicine—the tools, the data, the interventions, and the outcomes* (pp. 273-284). Pittsburgh, Pennsylvania: The Society of Prospective Medicine.
- Deffenbacher, J. L. (1998). Generalized anxiety and anxiety management training. In V. E. Caballo (Ed.), *International handbook of cognitive and behavioural treatments* (pp. 227-249). Oxford, United Kingdom: Elsevier Science.
- Also (1997) in *Manual para el tratamiento cognitivo-conductual de los trastornos psicologicos*. Vol. 1 (pp. 241-263). Madrid, Spain: Siglo XXI.
- Deffenbacher, J. L., & Lynch, R. S. (1998). Cognitive/behavioral intervention for anger reduction. In V. E. Caballo (Ed.), *Manual para el tratamiento cognitivo-conductual de los trastornos psicologicos*, Vol. 2 (pp. 639-674). Madrid, Spain: Siglo XXI.
- Deffenbacher, J. L. (1996). Cognitive-behavioral approaches to anger reduction. In K. S. Dobson & K. D. Craig (Eds.), *Advances in cognitive-behavioral therapy* (pp. 31-62). Thousand Oaks, California: Sage.
- Deffenbacher, J. L. (1995). Ideal treatment package for adults with anger disorders. In H. Kassinove (Ed.), *Anger disorders: Definition, diagnosis and treatment* (pp. 151-172). Philadelphia, Pennsylvania: Taylor & Francis.
- Eckhardt, C., & Deffenbacher, J. L. (1995). Diagnosis of anger disorders. In H. Kassinove (Ed.), *Anger disorders: Definition, diagnosis and treatment* (pp. 27-47). Philadelphia, Pennsylvania: Taylor & Francis.
- Deffenbacher, J. L. (1995). Cognitive-behavior therapy and ACT: A case of high anger. In D. W. Nance (Ed.), *How therapists ACT* (pp. 19-50). Philadelphia, Pennsylvania: Taylor & Francis.
- Deffenbacher, J. L. (1994). Anger reduction: Issues, assessment, and intervention strategies. In A. W. Siegman & T. W. Smith (Eds.), *Anger, hostility, and the heart* (pp. 239-269). Hillsdale, New Jersey: Erlbaum.
- Deffenbacher, J. L. (1992). Counseling for anxiety management. In S. D. Brown & R. W. Lent (Eds.), *Handbook of counseling psychology*, 2nd ed. (pp. 719-756). New York: Wiley.
- Deffenbacher, J. L. (1992). Clinical intervention guidelines for the reduction of general anger. In M. Muller (Ed.), *Psychophysiologische risikofaktoren bei herzkreislaufferkrankungen: Grundlagen und therapie*, (pp. 289-308). Gottingen, Germany: Hogrefe Verlag.
- Deffenbacher, J. L. (1992). Trait anger: Theory, findings, and implications. In C. D. Spielberger & J. N. Butcher (Eds.), *Advances in personality assessment*, Vol. 9. (pp. 177-201). Hillsdale, New Jersey: Erlbaum.
- Deffenbacher, J. L., & Sabadell, P. M. (1992). Comparing high trait anger with low anger individuals. In M. Muller (Ed.), *Psychophysiologische risikofaktoren bei herzkreislaufferkrankungen: Grundlagen und therapie* (pp. 153-169). Gottingen, Germany: Hogrefe Verlag.
- Deffenbacher, J. L. (1991). Stress inoculation. In V. E. Caballo (Ed.), *Manual de tecnicas de terapia y modificacion de conducta*, (pp. 627-659). Madrid, Spain: Siglo XXI.
- Deffenbacher, J. L., & Suinn, R. M. (1987). Generalized anxiety syndrome. In L. Michelson & L. M. Ascher (Eds.), *Anxiety and stress disorders Cognitive-behavioral assessment and treatment* (pp. 332-360). New York: Guilford.
- Deffenbacher, J. L., & McKinley, D. L. (1983). Stress management: Issues in intervention design. In E. M. Altmaier (Ed.), *Helping students manage stress, New Directions for Student Services*, No. 21 (pp. 43-62). San Francisco: Jossey-Bass.
- Deffenbacher, J. L., & Suinn, R. M. (1982). The chronically anxious patient. In D. M. Doleys, R. L. Meredith, & A. R. Ciminero (Eds.), *Behavioral psychology in medicine: Assessment and treatment*

- strategies* (pp. 563-580). New York: Plenum.
- Deffenbacher, J. L., & Suinn, R. M. (1982). The self-control of anxiety. In P. Karoly & F. Kanfer (Eds.), *Self-management and behavior change from theory to practice* (pp. 393-442). New York: Pergamon.
- Deffenbacher, J. L. (1981). Anxiety. In J. L. Shelton & R. L. Levy (Eds.), *Behavioral assignments and treatment compliance: A handbook of clinical strategies* (pp. 93-109). Champaign, Illinois: Research Press.
- Deffenbacher, J. L. (1981). Anxiety as an inferential construct: Implications for assessment and treatment. In H. Saeman & J. T. Webb (Eds.), *Ohio symposium on stress management: Proceedings of the first and second symposia* (pp. 20-23). Columbus, Ohio: Ohio Psychology Publishing.
- Deffenbacher, J. L. (1981). Anxiety management training: History, rationale and procedure. In H. Saemans & J. T. Webb (Eds.), *Ohio symposium on stress management: Proceedings of the first and second symposia* (pp. 9-19). Columbus, Ohio: Ohio Psychology Publishing.
- Deffenbacher, J. L. (1980). Worry and emotionality in test anxiety. In I. G. Sarason (Ed.), *Test anxiety: Theory, research, and applications* (pp. 111-128). Hillsdale, New Jersey: Erlbaum.
- Suinn, R. M., & Deffenbacher, J. L. (1980). Behavior therapy. In I. Kutash & L. Schlesinger (Eds.), *Handbook on stress and anxiety* (pp. 392-412). San Francisco: Jossey-Bass.

#### **Articles with Primary Focus on Anger and Aggression**

- Deffenbacher, J. L., Kemper, C. C., & Richards, T. L. (in press). The Driving Anger Expression Inventory: A validity study with community college student drivers. *Journal of Psychopathology and Behavioral Assessment*.
- Deffenbacher, J. L. (2008). Characteristics and treatment of angry drivers. *Paradigm: A Journal of Mental Health Care*, 12, 16-17.
- McCloskey, M. S., Noblett, K. L., Deffenbacher, J. L., Gollan, J. K., & Coccaro, E. F. (in press). Cognitive-behavioral therapy for intermittent explosive disorder: A pilot randomized clinical trial. *Journal of Consulting and Clinical Psychology*.
- Szlemko, W. J., Benfield, J. A., Bell, P. A., Deffenbacher, J. L., & Troup, L. J. (in press). Territorial markings as a predictor of driver aggression and road rage. *Journal of Applied Social Psychology*.
- Deffenbacher, J. L. (2008). Anger, aggression, and risky behavior on the road: A preliminary study of urban and rural differences. *Journal of Applied Social Psychology*, 38, 22-36.
- Richards, T. L., Deffenbacher, J. L., Rosén, L. A., Barkley, R. A., & Rodricks, T. (2006). Driving anger and driving behavior in adults with attention-deficit/hyperactivity disorder (ADHD). *Journal of Attention Disorders*, 10, 54-64.
- Deffenbacher, J. L., Richards, T. L., Filetti, L. B., & Lynch, R. S. (2005). Angry drivers: A test of State-Trait theory. *Violence and Victims*, 20, 455-469.
- Deffenbacher, J. L. (2004). Anger management programs: Issues and suggestions. *Behavioral Health Management*, 24 (6), 36-40.
- Deffenbacher, J. L., White, G. S., & Lynch, R. S. (2004). Evaluation of two new scales assessing driving anger: The Driving Anger Expression Inventory and the Driver's Angry Thoughts Questionnaire. *Journal of Psychopathology and Behavioral Assessment*, 26, 87-99.
- Eckhardt, C., Norlander, B., & Deffenbacher, J. (2004). The assessment of anger and hostility: A critical review. *Aggression and Violent Behavior*, 9, 17-43.
- Swaim, R. C., Deffenbacher, J. L., & Wayman, J. C. (2004). Concurrent and prospective effects of multi-dimensional aggression and anger on adolescent alcohol use. *Aggressive Behavior*, 30, 356-373.
- Deffenbacher, J. L. (2003). Angry college student drivers and a test of state-trait theory. *Psicologia Conductual*, 11, 163-177.
- Deffenbacher, J. L., & Deffenbacher, D. M. (2003). Where is the anger in introductory and abnormal psychology texts? *Teaching of Psychology*, 30, 65-67.

- Deffenbacher, J. L., Deffenbacher, D. M., Lynch, R. S., & Richards, T. L. (2003). Anger, aggression, and risky behavior: A comparison of high and low anger drivers. *Behaviour Research and Therapy, 41*, 701-718.
- Deffenbacher, J. L., Filetti, L. B., Richards, T. L., Lynch, R. S., & Oetting, E. R. (2003). Characteristics of two groups of angry drivers. *Journal of Counseling Psychology, 50*, 123-132.
- Deffenbacher, J. L., Lynch, R. S., Filetti, L. B., Dahlen, E. R., & Oetting, E. R. (2003). Anger, aggression, risky behavior, and crash-related outcomes in three groups of drivers. *Behaviour Research and Therapy, 41*, 333-349.
- Deffenbacher, J. L., Petrilli, R. T., Lynch, R. S., Oetting, E. R., & Swaim, R. C. (2003). The Driver's Angry Thoughts Questionnaire: A measure of angry cognitions when driving. *Cognitive Therapy and Research, 27*, 383-402.
- Deffenbacher, J. L., Filetti, L. B., Lynch, R. S., Dahlen, E. R., & Oetting, E. R. (2002). Cognitive-behavioral treatment of high anger drivers. *Behaviour Research and Therapy, 40*, 895-910.
- Deffenbacher, J. L., Lynch, R. S., Oetting, E. R., & Swaim, R. C. (2002). The Driving Anger Expression Inventory: a measure of how people express their anger on the road. *Behaviour Research and Therapy, 40*, 717-737.
- Deffenbacher, J. L., Oetting, E. R., & DiGuseppe, R. A. (2002). Principles of empirically supported interventions applied to anger management. *The Counseling Psychologist, 30*, 262-280.
- Richards, T. L., Deffenbacher, J. L., & Rosén, L. A. (2002). Driving anger and other driving-related behaviors in high and low ADHD symptom college students. *Journal of Attention Disorders, 6*, 25-38.
- Deffenbacher, J. L., Lynch, R. S., Deffenbacher, D. M., & Oetting, E. R. (2001). Further evidence of reliability and validity for the Driving Anger Expression Inventory. *Psychological Reports, 89*, 535-540.
- Deffenbacher, J. L., Lynch, R. S., Oetting, E. R., & Yingling, D. A. (2001). Driving anger: correlates and a test of state-trait theory. *Personality and Individual Differences, 31*, 1321-1331.
- Ellison-Potter, P., Bell, P., & Deffenbacher, J. (2001). The effects of trait driving anger, anonymity, and aggressive stimuli on aggressive driving behavior. *Journal of Applied Social Psychology, 31*, 431-443.
- Dahlen, E. R., & Deffenbacher, J. L. (2000). A partial component analysis of Beck's cognitive therapy for the treatment of general anger. *Journal of Cognitive Psychotherapy, 14*, 77-95.
- Deffenbacher, J. L. (2000). Book review of *Prisoners of Hate: The Cognitive Basis of Anger, Hostility and Violence*. *Journal of Cognitive Psychotherapy, 14*, 201-203.
- Deffenbacher, J. L., Dahlen, E. R., Lynch, R. S., Morris, C. D., & Gowensmith, W. N. (2000). An application of Beck's cognitive therapy to general anger reduction. *Cognitive Therapy and Research, 24*, 689-697.
- Deffenbacher, J. L., Huff, M. E., Lynch, R. S., Oetting, E. R., & Salvatore, N. F. (2000). Characteristics and treatment of high anger drivers. *Journal of Counseling Psychology, 47*, 5-17.
- Deffenbacher, J. L., & Swaim, R. C. (1999). Anger expression in Mexican American and White non-Hispanic adolescents. *Journal of Counseling Psychology, 46*, 61-69.
- Deffenbacher, J. L. (1999). Cognitive-behavioral conceptualization and treatment of anger. *Journal of Clinical Psychology, 55*, 295-309.
- Ramirez, C. A., Rosén, L. A., Deffenbacher, J. L., Hurst, H., Nicolletta, C., Rosencranz, T., & Smith, K. (1998). Anger and anger expression in adults with high ADHD symptoms. *Journal of Attention Disorders, 2*, 115-128.
- Beauvais, F., Chavez, E. L., Oetting, E. R., Deffenbacher, J. L., & Cornell, G. R. (1996). Drug use, violence and victimization among White American, Mexican American, and American Indian dropouts, students with academic problems, and students in good academic standing. *Journal of Counseling Psychology, 43*, 292-299.
- Deffenbacher, J. L., Lynch, R. S., Oetting, E. R., & Kemper, C. C. (1996). Anger reduction in early adolescents. *Journal of Counseling Psychology, 43*, 149-157.
- Deffenbacher, J. L., Oetting, E. R., Huff, M. E., Cornell, G. R., & Dallager, C. J. (1996). Evaluation of

- two cognitive-behavioral approaches to general anger reduction. *Cognitive Therapy and Research*, 20, 551-573.
- Deffenbacher, J. L., Oetting, E. R., Lynch, R. S., & Morris, C. D. (1996). The expression of anger and its consequences. *Behaviour Research and Therapy*, 34, 575-590.
- Deffenbacher, J. L., Oetting, E. R., Thwaites, G. A., Lynch, R. S., Baker, D. A., Stark, R. S., Thacker, S., & Eiswerth-Cox, L. (1996). State-trait anger theory and the utility of the Trait Anger Scale. *Journal of Counseling Psychology*, 43, 131-148.
- Deffenbacher, J. L., Oetting, E. R., Huff, M. E., & Thwaites, G. A. (1995). A fifteen-month follow-up of social skills and cognitive-relaxation approaches to general anger reduction. *Journal of Counseling Psychology*, 42, 400-405.
- Deffenbacher, J. L., Oetting, E. R., & Lynch, R. S. (1994). Development of a driving anger scale. *Psychological Reports*, 74, 83-91.
- Deffenbacher, J. L., Thwaites, G. A., Wallace, T. L., & Oetting, E. R. (1994). Social skills and cognitive-relaxation approaches to general anger reduction. *Journal of Counseling Psychology*, 41, 386-396.
- Leibsohn, M. T., Oetting, E. R., & Deffenbacher, J. L. (1994). Effects of trait anger on alcohol consumption and consequences. *Journal of Child and Adolescent Substance Abuse*, 3, 17-32.
- Deffenbacher, J. L. (1993). General anger: Characteristics and clinical implications. *Psicologia Conductual*, 1, 49-67.
- Deffenbacher, J. L., & Stark, R. S. (1992). Relaxation and cognitive-relaxation treatments of general anger. *Journal of Counseling Psychology*, 39, 158-167.
- Deffenbacher, J. L., McNamara, K., Stark, R. S., & Sabadell, P. M. (1990). A combination of cognitive, relaxation, and behavioral coping skills in the reduction of general anger. *Journal of College Student Development*, 31, 351-358.
- Deffenbacher, J. L., McNamara, K., Stark, R. S., & Sabadell, P. M. (1990). A comparison of cognitive-behavioral and process oriented group counseling for general anger reduction. *Journal of Counseling and Development*, 69, 167-172.
- Deffenbacher, J. L. (1988). Cognitive-relaxation and social skills treatments of anger: A year later. *Journal of Counseling Psychology*, 35, 234-236.
- Deffenbacher, J. L., Story, D. A., Brandon, A. D., Hogg, J. A., & Hazaleus, S. L. (1988). Cognitive and cognitive-relaxation treatments of anger. *Cognitive Therapy and Research*, 12, 167-184.
- Deffenbacher, J. L., Story, D. A., Stark, R. S., Hogg, J. A., & Brandon, A. D. (1987). Cognitive-relaxation and social skills interventions in the treatment of general anger. *Journal of Counseling Psychology*, 34, 171-176.
- Deffenbacher, J. L., Demm, P. M., & Brandon, A. D. (1986). High general anger: Correlates and treatment. *Behaviour Research and Therapy*, 24, 481-489.
- Hazaleus, S. L., & Deffenbacher, J. L. (1986). Relaxation and cognitive treatments of anger. *Journal of Consulting and Clinical Psychology*, 54, 222-226.
- Hazaleus, S. L., & Deffenbacher, J. L. (1985). Irrational beliefs and anger arousal. *Journal of College Student Personnel*, 26, 47-52.
- Zwemer, W. A., & Deffenbacher, J. L. (1984). Irrational beliefs, anger and anxiety. *Journal of Counseling Psychology*, 31, 391-393.

#### **Articles with Primary Focus on Anxiety, Stress, Health, and Depression**

- Deffenbacher, J. L. (1990). Demonstrating the influence of cognition on emotion and behavior. *Teaching of Psychology*, 17, 182-185.
- Deffenbacher, J. L., & Shepard, J. M. (1989). Evaluating a seminar on stress management. *Teaching of Psychology*, 16, 79-81.
- Deffenbacher, J. L. (1988). Agreement and response to neglected variables in cognitive-behavior treatments. *The Counseling Psychologist*, 16, 314-317.
- Deffenbacher, J. L. (1988). Some recommendations and directions. *The Counseling Psychologist*, 16, 91-95.

- Deffenbacher, J. L. (1988). The practice of four cognitive-behavioral approaches to anxiety reduction. *The Counseling Psychologist, 16*, 3-7.
- Deffenbacher, J. L., & Suinn, R. M. (1988). Systematic desensitization and the reduction of anxiety. *The Counseling Psychologist, 16*, 9-30.
- Meichenbaum, D. H., & Deffenbacher, J. L. (1988). Stress inoculation training. *The Counseling Psychologist, 16*, 60-90.
- Suinn, R. M., & Deffenbacher, J. L. (1988). Anxiety management training. *The Counseling Psychologist, 16*, 31-49.
- Hogg, J. A., & Deffenbacher, J. L. (1988). A comparison of cognitive and interpersonal process group therapies in the treatment of depression among college students. *Journal of Counseling Psychology, 34*, 304-310.
- Craun, A. M., & Deffenbacher, J. L. (1987). The effects of information, behavioral rehearsal, and prompting on breast self-exams. *Journal of Behavioral Medicine, 10*, 351-365.
- Deffenbacher, J. L., Zwemer, W. A., Whisman, M. A., Hill, R. A., & Sloan, R. D. (1986). Irrational beliefs and anxiety. *Cognitive Therapy and Research, 10*, 281-291.
- Deffenbacher, J. L. (1986). Cognitive and physiological components of test anxiety in real-life exams. *Cognitive Therapy and Research, 10*, 635-644.
- Hogg, J. A., & Deffenbacher, J. L. (1986). Irrational beliefs, depression, and anger in college students. *Journal of College Student Personnel, 27*, 349-353.
- Deffenbacher, J. L., & Craun, A. M. (1985). Anxiety management training with stressed student gynecology patients: A collaborative approach. *Journal of College Student Personnel, 26*, 513-518.
- Deffenbacher, J. L., & Hazaleus, S. L. (1985). Cognitive, emotional, and physiological components of test anxiety. *Cognitive Therapy and Research, 9*, 169-180.
- Crouse, R. H., Deffenbacher, J. L., & Frost, G. A. (1985). Systematic desensitization for students with different sources and experiences of test anxiety. *Journal of College Student Personnel, 26*, 315-318.
- Cragan, M. K., & Deffenbacher, J. L. (1984). Anxiety management training and relaxation as self-control in the treatment of generalized anxiety in medical outpatients. *Journal of Counseling Psychology, 31*, 123-131.
- Williams, N. A., & Deffenbacher, J. L. (1983). Life stress and chronic yeast infections. *Journal of Human Stress, 9*, 26-31.
- Daley, P. C., Bloom, L. J., Deffenbacher, J. L., & Steward, R. (1983). Treatment effectiveness of anxiety management training in small and large group formats. *Journal of Counseling Psychology, 30*, 104-107.
- Deffenbacher, J. L., Deitz, S. R., & Hazaleus, S. L. (1981). Effects of humor and test anxiety on performance, worry and emotionality in naturally occurring exams. *Cognitive Therapy and Research, 5*, 225-228.
- Deffenbacher, J. L., & Hahnloser, R. M. (1981). Cognitive and relaxation coping skills in stress inoculation. *Cognitive Therapy and Research, 5*, 211-215.
- Deffenbacher, J. L., & Michaels, A. C. (1981). Anxiety management training and self-control desensitization—15 months later. *Journal of Counseling Psychology, 28*, 459-462.
- Deffenbacher, J. L., & Michaels, A. C. (1981). A twelve-month follow-up homogeneous and heterogeneous anxiety management training. *Journal of Counseling Psychology, 28*, 463-466.
- Craun, A. M., & Deffenbacher, J. L. (1981). Cancer knowledge and examination frequency in college students. *Journal of the American College Health Association, 30*, 123-126.
- Deffenbacher, J. L., & Michaels, A. C. (1980). Two self-control procedures in the reduction of targeted and nontargeted anxieties—A year later. *Journal of Counseling Psychology, 27*, 9-15.
- Deffenbacher, J. L., Michaels, A. C., Daley, P. C., & Michaels, T. (1980). A comparison of homogeneous and heterogeneous anxiety management training. *Journal of Counseling Psychology, 27*, 630-634.
- Deffenbacher, J. L., Michaels, A. C., Michaels, T., & Daley, P. C. (1980). Comparison of anxiety management training and self-control desensitization. *Journal of Counseling Psychology, 27*, 232-239.
- Deffenbacher, J. L., Mathis, H., & Michaels, A. C. (1979). Two self-control procedures in the reduction



- of targeted and nontargeted anxieties. *Journal of Counseling Psychology*, 26, 120-127.
- Deffenbacher, J. L., & Parks, D. H. (1979). A comparison of traditional and self-control desensitization. *Journal of Counseling Psychology*, 26, 120-127.
- Deffenbacher, J. L. (1978). Worry, emotionality and task-generated interference in test anxiety: An empirical test of attentional theory. *Journal of Educational Psychology*, 70, 248-254.
- Deffenbacher, J. L., & Deitz, S. R. (1978). Effects of test anxiety on performance, worry, and emotionality in naturally occurring exams. *Psychology in the Schools*, 15, 446-450.
- Deffenbacher, J. L., & Payne, D. M. J. (1978). Relationship of apprehension about communication to fear of negative evaluation and assertiveness. *Psychological Reports*, 42, 370.
- Deffenbacher, J. L., & Shelton, J. L. (1978). A comparison of anxiety management training and desensitization in reducing test and other anxieties. *Journal of Counseling Psychology*, 25, 227-282.
- Deffenbacher, J. L. (1977). Relationship of worry and emotionality to performance on the Miller Analogies Test. *Journal of Educational Psychology*, 69, 191-195.
- Deffenbacher, J. L. (1977). Test anxiety: The problem and possible responses. *Canadian Counsellor*, 11, 59-64.
- Deffenbacher, J. L., & Payne, D. M. J. (1977). Two procedures for relaxation as self-control in the treatment of communication apprehension. *Journal of Counseling Psychology*, 24, 255-258.
- Snyder, A.L., & Deffenbacher, J. L. (1977). A comparison of relaxation as self-control and systematic desensitization in the treatment of test anxiety. *Journal of Consulting and Clinical Psychology*, 45, 1202-1203.
- Warren, R., Deffenbacher, J. L., & Brading, P. (1976). Rational-emotive therapy and the reduction of test anxiety in elementary school students. *Rational Living*, 11, (No. 2), 26-29.
- Deffenbacher, J. L. (1976). Group desensitization of dissimilar anxieties. *Community Mental Health Journal*, 12, 263-266.
- Deffenbacher, J. L. (1976). Relaxation in vivo in the treatment of test anxiety. *Journal of Behavior Therapy and Experimental Psychology*, 7, 289-292.
- Deffenbacher, J. L., & Rivera, N. (1976). A behavioral self-control treatment of test anxiety in minority populations: Some cases and issues. *Psychological Reports*, 39, 1188-1190.
- Deffenbacher, J. L., & Snyder, A. L. (1976). Relaxation as self-control in treatment of test and other anxieties. *Psychological Reports*, 39, 379-385.
- Deffenbacher, J. L., Sholes, B., & Lamb, J. (1975). Systematic desensitization—A workable process. *Journal of Rehabilitation*, May-June, 39 & 43.
- Deffenbacher, J. L. (1974). Group desensitization of heterogeneous phobias. *Journal of Behavior Therapy and Experimental Psychiatry*, 5, 305.
- Deffenbacher, J. L. (1974). Hierarchies for desensitization of test and speech anxieties. *Journal of College Student Personnel*, 15, 452-454.
- Deffenbacher, J. L., & Kemper, C. C. (1974). Counseling test-anxious sixth graders. *Elementary School Guidance and Counseling*, 9, 22-29.
- Deffenbacher, J. L. & Kemper, C. C. (1974). Systematic desensitization of test anxiety in junior high students. *The School Counselor*, 21, 216-222.

### Other Articles

- Swaim, R. C., Chen, J., Deffenbacher, J. L., & Newcomb, M. D. (2002). Negative affect and alcohol use among non-Hispanic White and Mexican American Adolescents. *Journal of Child and Adolescent Substance Abuse*, 11, 55-75.
- Tani, C. R., Chavez, E. L., & Deffenbacher, J. L. (2001). Peer isolation and drug use among white non-Hispanic and Mexican American adolescents. *Adolescence*, 36, 127-139.
- Oetting, E. R., Deffenbacher, J. L., Taylor, M. J., Luther, N., Beauvais, F., & Edwards, R. W. (2000). Methamphetamine use by high school students: Recent trends, gender and ethnicity differences, and use of other drugs. *Journal of Child and Adolescent Drug Abuse*, 10, 33-50.
- Deffenbacher, J. L. (1999). Travels of a shy youngster to the presidency of the American Psychological Association: An interview with Richard M. Suinn. *The Counseling Psychologist*, 27, 408-434.

- Oetting, E. R., Deffenbacher, J. L., & Donnermeyer, J. F. (1998). Primary Socialization Theory: The role played by personal traits in the etiology of drug use and deviance. *Substance Use and Misuse*, 33, 1337-1366.
- Oetting, E. R., Donnermeyer, J. F. & Deffenbacher, J. L. (1998). Primary Socialization Theory: The influence of the community on drug use and deviance. *Substance Use and Misuse*, 33, 1629-1665.
- Arellano, C. M., Chavez, E. L., & Deffenbacher, J. L. (1998). Alcohol use and academic status in Mexican American and White non-Hispanic adolescents. *Adolescence*, 33, 751-760.
- Chavez, E. L., Deffenbacher, J. L., & Wayman, J. C. (1996). A longitudinal study of drug involvement in Mexican American and white non-Hispanic high school dropouts, academically at risk students and control students. *Free Inquiry for Creative Sociology*, 24, 185-193.
- Younge, S. L., Oetting, E. R., & Deffenbacher, J. L. (1996). Correlations among maternal rejection, dropping out of school, and drug use in adolescents: A pilot study. *Journal of Clinical Psychology*, 52, 96-102.
- Deffenbacher, J. L. (1992). A little more about behavioral assessment. *Journal of Counseling and Development*, 70, 632-634.
- Deffenbacher, J. L. (1992). Cognitive therapy: A primer and beyond. *Contemporary Psychology*, 37, 449-450.
- Deffenbacher, J. L. (1985). A cognitive-behavioral response and a modest proposal. *The Counseling Psychologist*, 13, 261-269.
- Deffenbacher, J. L., & Payne, D. M. J. (1980). Importance of correlates of the presenting problem: Neglected variables in intervention design. *Journal of College Student Personnel*, 21, 549-552.
- Klein, S. A., & Deffenbacher, J. L. (1977). Relaxation and exercise for hyperactive impulsive children. *Perceptual and Motor Skills*, 45, 1159-1162.
- Miller, L., Adams, W., Deffenbacher, J., & Hall, L. (1972). Free recall of trigrams in following their presentation in a short-term memory task. *Psychonomic Science*, 22, 119-120.
- Miller, L., Adams, W., Deffenbacher, J., & Hall, L. (1970). The effect of instructional set and intertrial activity on retention in a short-term memory task. *The Psychological Record*, 20, 373-384.

### Major Workshops:

- Deffenbacher, J. L. (2006, September). *Strategies for anger reduction*. Half-day workshop presented at the V Ibero-American Congress on Clinical and Health Psychology, San Jose, Costa Rica.
- Deffenbacher, J. L. (2005, February). *Terapia cognitivo-conductual para el enfado patológico (Cognitive-behavior therapy for the treatment of pathological anger)*. One-day seminar presented at the 12th Formacion Internacional, Centro de Terapia de Conducta, Valencia, Spain.
- Deffenbacher, J. L. (2005, January). *Angry drivers: Characteristics, assessment, and treatment*. Half-day workshop presented at the 31st Annual Advanced International Winter Symposium on Addictive Disorders and Behavioral Health, Colorado Springs, Colorado.
- Deffenbacher, J. L. (2003, January). *The clinical treatment of adults with anger problems*. One-day workshop presented at the 29th Annual Advance International Winter Symposium on Addictive Disorders and Behavioral Health, Colorado Springs, Colorado.
- Deffenbacher, J. L. (2001, October). *Anger all around us: How to respond*. One-day workshop, Centennial Area Health Education Center, Greeley, Colorado.
- Deffenbacher, J. L. (2001, April). *The clinical diagnosis and treatment of anger*. One-day workshop presented at South Plains Association of Psychologists, Lubbock, Texas.
- Deffenbacher, J. L. (2001, April). *The clinical treatment of adults with anger problems*. One-day workshop presented at Southeastern Colorado Area Health Education Center, Pueblo, Colorado.
- Deffenbacher, J. L. (2000, September). *Clinical treatment of adults with anger problems*. One-day workshop presented at Centennial Area Health Education Center, Greeley, Colorado.
- Deffenbacher, J. L. (2000, April). *Cognitive behavioral therapy treatments for anger reduction*. Half-day workshop presented at 2nd Annual Conference on Anger and Rage, Las Vegas, Nevada.
- Deffenbacher, J. L. (1999, May). *Clinical strategies for anger reduction*. Half-day workshop presented at The Many Faces of Anger: A Clinical Skills Conference, Nashville, Tennessee.

- Deffenbacher, J. L. (1999, April). *Clinical strategies for anger reduction*. Half-day workshop presented at The Many Faces of Anger: A Clinical Skills Conference, Las Vegas, Nevada.
- Deffenbacher, J. L. (1999, February). *Clinical treatment of adults with anger problems*. One-day workshop presented at the University of Denver, Denver, Colorado.
- Deffenbacher, J. L. (1998, April). *Anger: Its conceptualization, assessment and treatment in clinical practice*. Two-day workshop presented at Professional Education Opportunities for the Human Services, Erie, Pennsylvania.
- Deffenbacher, J. L. (1996, September). *Interventions for anger reduction*. One-day workshop presented at the Ohio Psychological Association, Columbus, Ohio.
- DiGiuseppe, R., Deffenbacher, J. L., & Eckhardt, C. (1996, August). *Assessment, diagnosis, and treatment of clients with anger*. One-day workshop presented at the 104th Annual Convention of the American Psychological Association, Toronto, Ontario, Canada.
- Deffenbacher, J. L. (1996, March). *Anger intervention*. Half-day workshop presented at University of Northern Colorado, Greeley, Colorado.
- Deffenbacher, J. L. (1995, November). *Anger in clinical practice: Conceptualization, assessment and treatment*. Two-day workshop presented at the University of Denver, Denver, Colorado.
- Deffenbacher, J. L. (1995, October). *Specific programs for reduction of anger problems*. One-day workshop presented at The Society of Clinical and Consulting Psychologists, Milwaukee, Wisconsin.
- DiGiuseppe, R., Deffenbacher, J. L., & Eckhardt, C. (1995, August). *Assessment, diagnosis, and treatment of clients with anger*. One-day workshop presented at the 103rd Annual Convention of the American Psychological Association, New York, New York.
- Deffenbacher, J. L. (1995, April). *Cognitive-behavioral assessment and treatment of general anger*. Half-day workshop presented at Hofstra University, Hempstead, New York.
- Deffenbacher, J. L. (1995, April). *Strategies for anger reduction*. Half-day workshop presented at University of Wyoming, Laramie, Wyoming.
- Deffenbacher, J. L. (1992, March). *Cognitive-behavioral treatment of anger*. Half-day workshop presented at XXIV Banff International Conference on Behavioral Science, Banff, Alberta, Canada.
- Deffenbacher, J. L. (1990, September). *General anger: Some treatment strategies*. Half-day workshop presented at Colorado Society for Behavior Analysis and Therapy, Denver, Colorado.
- Deffenbacher, J. L. (1982, November). *Stress management*. Preconvention Institute, Association for the Advancement of Behavior Therapy, Los Angeles, California.
- Deffenbacher, J. L. (1979, July). *Anxiety management training: History, rationale and procedure*. Half-day workshop presented at First Ohio Symposium on Stress, Ohio Psychological Association, Dayton, Ohio.

#### **Scientific and Scholarly Papers/Presentations since 2000:**

- Deffenbacher, J. L., Richards, T. L., & Kemper, C. C. (2007, August). *Lowering angry thoughts and feelings in high anger drivers*. Paper presented at 115th Convention of the American Psychological Association, San Francisco, California.
- Deffenbacher, J. L., Richards, T. L., Kemper, C. C., & Sargent, A. M. (2007, August). *Lowering state anger, aggression, and risky behavior in high anger drivers*. Paper presented at 115th Convention of the American Psychological Association, San Francisco, California.
- Richards, T. L., Deffenbacher, J. L., & Kemper, C. C. (2007, August). *A comparison of high anger drivers who do and do not admit problems*. Paper presented at 115th Convention of the American Psychological Association, San Francisco, California.
- Richards, T. L., Deffenbacher, J. L., & Kemper, C. C. (2007, August). *Changing anger expression, aggression, and risky behavior in high anger drivers*. Paper presented at 115th Convention of the American Psychological Association, San Francisco, California.
- Sargent, A. M., Deffenbacher, J. L., Kemper, C. C., & Richards, T. L. (2007, August). *General anger and anger expression in the prediction of anger, aggression, and risky behavior on the road*. Paper presented at 115th Convention of the American Psychological Association, San Francisco, California.

- Anderson, J. L., Anderson, M. D., Gustafson, J. E., Richards, T. L., & Deffenbacher, J. L. (2007, April). *Aggression and risky behavior in university student drivers*. Paper presented at 77th Annual Convention of the Rocky Mountain Psychological Association, Denver, Colorado.
- Anderson, M. D., Timmerman, A. E., Newnes, L. M., Richards, T. L., & Deffenbacher, J. L. (2007, April). *Anger intensity and elicitation in university student drivers*. Paper presented at 77th Annual Convention of the Rocky Mountain Psychological Association, Denver, Colorado.
- Carson, J. H., Anderson, J. L., Sargent, A. M., Richards, T. L., & Deffenbacher, J. L. (2007, April). *Tests of state-trait anger hypotheses in university student drivers*. Paper presented at 77th Annual Convention of the Rocky Mountain Psychological Association, Denver, Colorado.
- Gustafson, J. E., Timmerman, A. E., Newnes, L. M., Kemper, C. C., & Deffenbacher, J. L. (2007, April). *Aggression and risky behavior in community college drivers*. Paper presented at 77th Annual Convention of the Rocky Mountain Psychological Association, Denver, Colorado.
- Monken, S. E., Sargent, A. M., & Deffenbacher, J. L. (2007, April). *Tests of state-trait anger hypotheses in middle aged drivers*. Paper presented at 77th Annual Convention of the Rocky Mountain Psychological Association, Denver, Colorado.
- Newnes, L. M., Monken, S. E., Gustafson, J. E., Kemper, C. C., & Deffenbacher, J. L. (2007, April). *Tests of state-trait anger hypotheses in community college drivers*. Paper presented at 77th Annual Convention of the Rocky Mountain Psychological Association, Denver, Colorado.
- Sargent, A. M., Coressel, T. W., Carson, J. H., & Deffenbacher, J. L. (2007, April). *Aggression and risky behavior in middle aged drivers*. Paper presented at 77th Annual Convention of the Rocky Mountain Psychological Association, Denver, Colorado.
- Trujillo, M., Chavez, E., & Deffenbacher, J. (2007, April). *Academic resiliency in Mexican-American and white non-Hispanic females*. Paper presented at 77th Annual Convention of the Rocky Mountain Psychological Association, Denver, Colorado.
- Deffenbacher, J. L. (2007, March). *Anger: Serendipity, curiosity and science*. Professor Laureate Lecture, Colorado State University, Fort Collins, Colorado.
- Deffenbacher, J. L. (2006, September). *Angry drivers: Vulnerabilities and clinical interventions*. Invited lecture presented at the V Ibero-American Congress on Clinical and Health Psychology, San Jose, Costa Rica.
- Deffenbacher, J. L. (2006, July). *Three interventions for treating angry drivers*. Paper presented at the 26th Congress of the International Association of Applied Psychology, Athens, Greece.
- Coressel, T., Sargent, A., Morrison, A., Richards, T. L., & Deffenbacher, J. L. (2006, April). *Driving Anger Expression Inventory: A validity study*. Paper presented at 76th Annual Convention of the Rocky Mountain Psychological Association, Park City, Utah.
- Gustafson, J., Peterson, L., Wood-Holloway, E., Kim, Y., & Deffenbacher, J. L. (2006, April). *Hostility, aggression, and risky behavior on the road: Urban and rural differences*. Paper presented at 76th Annual Convention of the Rocky Mountain Psychological Association, Park City, Utah.
- Maier, R., Coressel, T., Peterson, L., Richards, T. L., & Deffenbacher, J. L. (2006, April). *Angry drivers: Volatile thoughts and expression*. Paper presented at 76th Annual Convention of the Rocky Mountain Psychological Association, Park City, Utah.
- Morrison, A., Maier, R., Sargent, A., Coressel, T., Gustafson, J., & Deffenbacher, J. L. (2006, April). *Driver's Angry Thoughts Questionnaire: A validity study*. Paper presented at 76th Annual Convention of the Rocky Mountain Psychological Association, Park City, Utah.
- Sargent, A. M., Sharp, L., Maier, R., Kim, Y., & Deffenbacher, J. L. (2006, April). *Anger on the road: Ethnic differences*. Paper presented at 76th Annual Convention of the Rocky Mountain Psychological Association, Park City, Utah.
- Sharp, L., Kim, Y., Maier, R., Peterson, L., & Deffenbacher, J. L. (2006, April). *Angry drivers: Risky and aggressive behavior*. Paper presented at 76th Annual Convention of the Rocky Mountain Psychological Association, Park City, Utah.
- Wood-Holloway, E., Gustafson, J., Morrison, A., Sharp, L., & Deffenbacher, J. L. (2006, April). *Anger on the road: Urban and rural differences*. Paper presented at 76th Annual Convention of the Rocky Mountain Psychological Association, Park City, Utah.

- McCloskey, M. S., Noblett, K. L., Gollan, J. K., Deffenbacher, J. L., & Coccaro, E. F. (2005, November). *The efficacy of individual cognitive behavioral therapy in reducing anger and depression in patients with intermittent explosive disorder: A pilot study*. Paper presented at the Annual Convention of the Association for Behavior and Cognitive Therapy, Washington, D.C.
- Deffenbacher, J. L. (2005, April). *Angry drivers: Characteristics, assessment, and intervention*. RMPA invited address, 75th Annual Convention of the Rocky Mountain Psychological Association, Phoenix, Arizona.
- Deffenbacher, J. L. (2005, January). *Cognitive-behavioral treatment of anger*. Paper presented at Bektherev Psychoneurological Institute, St. Petersburg, Russia.
- Deffenbacher, J. L. (2005, January). *Power on the road: Characteristics of angry drivers*. Paper presented at the International Conference: Psychology of Power, St Petersburg State University, St. Petersburg, Russia.
- Cummings, T. A., & Deffenbacher, J. L. (2004, July). *Culturally relevant Spanish translations and norms for three neuropsychological tests*. Paper presented at the 112th Convention of the American Psychological Association, Honolulu, Hawaii.
- Deffenbacher, J. L. (2004, July). *Anger: Implications for conceptualization, practice, and policy*. Paper presented at the 112th Convention of the American Psychological Association, Honolulu, Hawaii.
- Deffenbacher, J. L. (2004, July). *Anger reduction with relaxation interventions*. Paper presented at the 112th Convention of the American Psychological Association, Honolulu, Hawaii.
- Kemper, C. C., Richards, T. L., Deffenbacher, J. L., & Adams, M. (2004). *Developmental differences in anger and anger expression*. Paper presented at the 112th Convention of the American Psychological Association, Honolulu, Hawaii.
- Richards, T. L., Deffenbacher, J. L., & Kemper, C. C. (2004, July). *Expression of anger and risky and aggressive behavior on the road*. Paper presented at the 112th Convention of the American Psychological Association, Honolulu, Hawaii.
- Schwartz, E. R., & Deffenbacher, J. L. (2004, July). *Alliance, group climate, and self-efficacy predicting anger reduction outcome*. Paper presented at the 112th Convention of the American Psychological Association, Honolulu, Hawaii.
- Deffenbacher, J. L. (2003, August). *Collateral characteristics of angry clients: Implications for treatment*. Paper presented at the 111th Annual Convention of the American Psychological Association, Toronto, Ontario, Canada.
- Deffenbacher, J. L., & Lynch, R. S. (2003, August). *Angry cognitions in the prediction of risky and aggressive driving*. Paper presented at the 111th Annual Convention of the American Psychological Association, Toronto, Ontario, Canada.
- Lynch, R. S., & Deffenbacher, J. L. (2003, August). *Anger expression in the prediction of aggressive and risky driving*. Paper presented at the 111th Annual Convention of the American Psychological Association, Toronto, Ontario, Canada.
- Richards, T. L., Deffenbacher, J. L., Rosén, L. A., & Barkley, R. A. (2003, August). *Driving anger and driving behavior of adults with ADHD*. Paper presented at the 111th Annual Convention of the American Psychological Association, Toronto, Ontario, Canada.
- Adams, M., Zakoscielna, M., Savage, C. S., & Deffenbacher, J. L. (2003, April). *Aggression on the road: Contribution of age*. Paper presented at 73rd Annual Convention of the Rocky Mountain Psychological Association, Denver, Colorado.
- Beftorf, C. A., Geitner, J. L., Sandoval, T. M., Lynch, R. S., & Deffenbacher, J. L. (2003, April). *Aggression on the road: Incidence and contribution of gender*. Paper presented at 73rd Annual Convention of the Rocky Mountain Psychological Association, Denver, Colorado.
- Campbell, C., Richards, T. L., Lynch, R. S., & Deffenbacher, J. L. (2003, April). *Aggression on the road: Contribution of anger*. Paper presented at 73rd Annual Convention of the Rocky Mountain Psychological Association, Denver, Colorado.
- Ketelsen, K. L., White, G., Geitner, J. L., & Deffenbacher, J. L. (2003, April). *Aggression on the road: Contribution of anger expression*. Paper presented at 73rd Annual Convention of the Rocky Mountain Psychological Association, Denver, Colorado.

- Reeves, C. L., Savage, C. P., & Deffenbacher, J. L. (2003, April). *Aggression on the road: Contribution of marijuana and tobacco*. Paper presented at 73rd Annual Convention of the Rocky Mountain Psychological Association, Denver, Colorado.
- Richards, T. L., Deffenbacher, J. L., Lynch, R. S., & Harvey, R. P. (2003, April). *Aggression on the road: Contribution of treatment*. Paper presented at 73rd Annual Convention of the Rocky Mountain Psychological Association, Denver, Colorado.
- Titus, P., Gates, J. J., Zakoscielna, M., Ketelsen, K. L., & Deffenbacher, J. L. (2003, April). *Aggression on the road: Contribution of alcohol*. Paper presented at 73rd Annual Convention of the Rocky Mountain Psychological Association, Denver, Colorado.
- White, G., Harvey, R. P., Sandoval, T. M., Gates, J. J., & Deffenbacher, J. L. (2003, April). *Aggression on the road: Contribution of angry cognitions*. Paper presented at 73rd Annual Convention of the Rocky Mountain Psychological Association, Denver, Colorado.
- Befort, C. A., Deffenbacher, J. L., & Lynch, R. S. (2002, April). *Factor analysis of the Driving Anger Scale*. Paper presented at the 72nd Annual Convention of the Rocky Mountain Psychological Association, Park City, Utah.
- Befort, C. A., Deffenbacher, J. L., Richards, T. L., & Lynch, R. S. (2002, April). *The revised Driving Anger Scale: Relationship to thoughts, expression, and behaviors*. Paper presented at the 72nd Annual Convention of the Rocky Mountain Psychological Association, Park City, Utah.
- Schwartz, E., & Deffenbacher, J. L. (2002, April). *Age and gender differences in driving and general anger and their expression*. Paper presented at the 72nd Annual Convention of the Rocky Mountain Psychological Association, Park City, Utah.
- Schwartz, E., & Deffenbacher, J. L. (2002, April). *Contributions of driving specific vs. general anger measures to the prediction of aggressive and risky behavior on the road*. Paper presented at the 72nd Annual Convention of the Rocky Mountain Psychological Association, Park City, Utah.
- Befort, C. A., Deffenbacher, J. L., Richards, T. L., & Cato, J. E. (2002, August). *Using substances to reduce negative feelings*. Paper presented at 110th Annual Convention of the American Psychological Association, Chicago, Illinois.
- Deffenbacher, D. M., & Deffenbacher, J. L. (2002, August). *Where is the anger in introductory and abnormal psychology texts?*. Paper presented at 110th Annual Convention of the American Psychological Association, Chicago, Illinois.
- Deffenbacher, J. L. (2002, August). *High anger drivers—A clinical analog of situational anger reactions*. Paper presented at 110th Annual Convention of the American Psychological Association, Chicago, Illinois.
- Deffenbacher, J. L., Richards, T., & Kogan, L. (2002, August). *Long-term effects of relaxation and cognitive therapies for driving anger*. Paper presented at 110th Annual Convention of the American Psychological Association, Chicago, Illinois.
- Richards, T., Deffenbacher, J. L., Cato, J., & Befort, C. A. (2002, August). *Low- and high-anger drivers with and without admitted problems*. Paper presented at 110th Annual Convention of the American Psychological Association, Chicago, Illinois.
- Deffenbacher, J. L. (2002, November). *Characteristics and treatment of angry drivers*. Colloquium presented at the Department of Psychology, University of Colorado at Denver, Denver, Colorado.
- Deffenbacher, J. L. (2001, March). *Diagnosis and anger: Where has all the anger gone?*. One and a half hour presentation at The 3rd Annual Conference Anger, Rage and Trauma, Las Vegas, Nevada.
- Deffenbacher, J. L. (2001, March). *The nature and treatment of driving anger*. One and a half hour presentation at The 3rd Annual Conference Anger, Rage and Trauma, Las Vegas, Nevada.
- Deffenbacher, J. L. (2001, April). *Angry drivers: Characteristics and treatment*. Colloquium presented at Department of Psychology, Texas Tech University, Lubbock, Texas.
- Dahlen, E. R., & Deffenbacher, J. L. (2001, July). *Empirically supported anger management: Overview and developing trends*. Paper presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia, Canada.
- Deffenbacher, D. M., Deffenbacher, J. L., Petrilli, R., & Lynch, R. S. (2001, July). *Anger, aggression, and risky behavior during driving simulations: A comparison of high and low anger drivers*. Paper

- presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia, Canada.
- Deffenbacher, J. L., Deffenbacher, D. M., & Lynch, R. S. (2001, July). *Emotional and behavioral characteristics of high anger drivers*. Paper presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia, Canada.
- Deffenbacher, J. L., Petrilli, R., Lynch, R. S., & Swaim, R. C. (2001, July). *Angry cognitions behind the wheel—The Driver's Angry Thoughts Questionnaire*. Paper presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia, Canada.
- Lynch, R. S., Deffenbacher, J. L., & Swaim, R. C. (2001, July). *The development of a driving anger expression inventory*. Paper presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia, Canada.
- Kogan, L., Lynch, R. S., Richards, T. L., Deffenbacher, J. L., & Swaim, R. C. (2001, August). *The expression of anger while driving in middle-aged adults*. Paper presented at the 109th Annual Convention of the American Psychological Association, San Francisco, California.
- Kogan, L. R., Richards, T. L., & Deffenbacher, J. L. (2001, August). *Effects of relaxation and cognitive therapy for driving anger reduction*. Paper presented at the 109th Annual Convention of the American Psychological Association, San Francisco, California.
- Richards, T. L., Deffenbacher, J. L., Filetti, L. B., Lynch, R. S., & Kogan, L. (2001, August). *Short- and long-term effects of interventions for driving anger reduction*. Paper presented at the 109th Annual Convention of the American Psychological Association, San Francisco, California.
- Richards, T. L., Lynch, R. S., Kogan, L., Deffenbacher, J. L., & Swaim, R. C. (2001, August). *Angry thoughts of middle-aged drivers*. Paper presented at the 109th Annual Convention of the American Psychological Association, San Francisco, California.
- Richards, T. L., Deffenbacher, J. L., Filetti, L. B., & Lynch, R. S. (2000, April). *High and low anger drivers admitting and not admitting problems*. Paper presented at the 70th Annual Convention of the Rocky Mountain Psychological Association, Tucson, Arizona.
- Richards, T. L., Kitchens, S. A., Deffenbacher, J. L., & Rosén, L. A. (2000, April). *Driving anger in ADHD students: Preliminary findings*. Paper presented at the 70th Annual Convention of the Rocky Mountain Psychological Association, Tucson, Arizona.
- Deffenbacher, J. L. (2000, June). *Anger expression and consequences*. Grand Rounds presentation at Penrose-St. Francis Health Services, Colorado Springs, Colorado.
- Deffenbacher, J. L. (2000, July). *Angry drivers—risks and interventions*. Presentation at Youth Injury and Violence Prevention Conference, University of Northern Colorado, Greeley, Colorado.
- Deffenbacher, J. L. (2000, August). *Characteristics of individuals high in driving anger: Prevention and intervention*. Paper presented at the 108th Annual Convention of the American Psychological Association, Washington, D. C.
- Deffenbacher, J. L., Filetti, L. B., Lynch, R. S., & Dahlen, E. R. (2000, August). *Interventions for the reduction of driving anger*. Paper presented at the 108th Annual Convention of the American Psychological Association, Washington, D. C.
- Filetti, L. B., & Deffenbacher, J. L. (2000, August). *Characteristics of high and low anger drivers*. Paper presented at the 108th Annual Convention of the American Psychological Association, Washington, D. C.
- Richards, T. L., Deffenbacher, J. L., Filetti, L. B., & Lynch, R. S. (2000, August). *Driving anger: A test of state-trait theory*. Paper presented at the 108th Annual Convention of the American Psychological Association, Washington, D. C.
- Swaim, R. C., & Deffenbacher, J. L. (2000, August). *Cross-cultural effects of anger and aggression on adolescent alcohol use*. Paper presented at the 108th Annual Convention of the American Psychological Association, Washington, D. C.
- Deffenbacher, J. L. (2000, November). *Characteristics of generally angry individuals*. Paper presented at 34th Annual Association for the Advancement of Behavior Therapy Convention, New Orleans, Louisiana.

